



Circular No. 07/2021-22

Dated: 19 June 2021

Dear Parents/students,

Greetings!

"Yoga is the journey of the self, through the self, to the self"

Dear all,

Yoga is not merely a form of exercise for the body. It is an ancient wisdom for a healthier, happier, and more peaceful way of living.

We the Bal Bharatians are happy to announce that we are celebrating the 7th International day of 'YOGA ' so you all are welcome to join the online session with your ward.

Date: 21 June 2021

Time: 6:55 am to 7: 50 am

Thanks & Regards

Headmaster

BBPS Solan